

EXPLORING THE SOCIAL, ECONOMIC AND SPIRITUAL SUPPORT IN THE DEVELOPMENT OF WOMEN SCIENTISTS AND PROFESSIONALS IN UZBEKISTAN

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1. Abstract: Uzbekistan occupies the priority to develop quickly in Asia and even in the world by taking the geographical advantages of transportation routes which connects Central Europe countries with central Asia countries. The cultivation and exertion of scientists, esp. women scientists become the basis for the implementation of the development strategy of Uzbekistan. This thesis tries to explore the supports and ways in developing female professionals, so as to promote harmonious family life and stable social life, and lay the foundation for cultivating and training talents and professionals at all levels in Uzbekistan for its international development.

Keywords: supports and ways, women scientists and professionals, social talents

Introduction

At present, due to the abundant resources and the unique geographical advantages, Uzbekistan progressing in its development in Asia, moreover worldwide, moving forward to being an integrated international country. Scientists and professionals are

being in urgent demand in all aspects and fields. Women scientist and educators play a vital role in the process of cultivation and exertion of social talents, who are in charge in promoting harmoniously stable family life and social life, hereby building the foundation for educating and training social talents in different areas.

– **Methodology**

Some useful theories to support the research include Erik Erikson's psychosocial development theory, which states that people have to go through eight stages of psychosocial evolution and evolve into psycho-social development. The other profound scholars as Fetal Origin's "Embryonic Determinism"; Konrod Lorenz "Critical Period" theory and Vygotsky's "Zone of Proximal Development" theory are also made their contribution in to the maintaining the social factors effecting on the personality of individuals. These theories and knowledge are important to be acknowledged for better understanding the science of laws to be guided in life.

– **Results**

Challenges and opportunities are inseparable. On the one hand, as it is noticed in Islamic countries and taking into account various social customs, the domain of men give a superior power over women. When there is a contradictory choice stands between the family and academic and career growth, women feel powerless to break from family constraints; on the other hand, Uzbekistan strives for all opportunities for development, privileges, policies and guarantee mechanisms to motivate social talents including women. Moreover, there are international and domestic resources are available in good quantity to promote women as scientists and professionals.

– **Analysis**

I. Significance for cultivating women scientists and professionals

i. Foundation of harmonious family life and stable social life.

Women scientists and professionals, who do have a financial independence, personal confidence, ideological principles, who do love and take a good care of their family members, manage and support their families, are likely to be on their husbands' good side. The harmonious and a happy family life contributes to the formation of a stable social life.

ii. Foundation of talents cultivation and talents training.

Undoubtedly women play important role in the family life. Being aware of scientific knowledge of the law of life, women scientists and professionals know about the right time to give a birth, paying much attention to education during her pregnancy, selecting a good preschool education and care of their children's psychological and physical needs beforehand. There are several critical periods in the life of an individual, especially while the process human being formation period of 0-6 years, and the second rebellious period of 12-15 years, and furthermore, the independent, creative adulthood.

The caregivers, especially mothers who guided by knowledge, skills about characters of lives, play an irreplaceable role in the growth and success of their children, develop the formation of individuality and character of a child in one's golden period of 0-6 years, and provide continuous social, economic and spiritual support afterwards as well. Economic, spiritual and material family support from female caregivers establish early basement of genetic and subsequent acquired intelligence development.

The trauma of childhood misfortune may take a lifetime to heal, while childhood happiness can heal a lifetime trauma.

iii. Making joint-efforts with society in talents training and balanced development.

Women play an important role not only in genetic inheritance, providing an educational environment, nutritious feeding and love etc., but also social education, training and promotion and recognition of social status. ¹From a biological point of view, the balance between men and women is conducive to the better development of society.

II. Support and ways to accelerate the development of women scientists and professionals

i. Support in the development of women scientists and professionals form the point of social, economic and spiritual knowledge and skills.

1. Professional knowledge and skills support;
2. Basic knowledge and skills for life and survival support;
3. Scientific knowledge of physical and psychological development of life;
4. Giving a knowledge and skills of running a harmonious and happy family;
5. Preschool education knowledge and skills achievement;
6. Development into a positive, active and innovative individual.

ii. Ways in the development of women scientists and professionals form social, economic and spiritual aspects.

¹ Justine Couloso, Building a Sustainable Social Security System that Supports Gender Equality, China Today. 2022,71(12), 60-61.

1. To declare in the society to strengthen preschool education and family education training, hence to implement, develop and create a healthy, active family environment.
2. The government provides great importance and attention to education and training at all levels and types, ensure and motivate students to learn effectively and extensively in their academic period.
3. To emphasize the individuals to comprehensive skills training and related special skills training, esp. the female considerate quality and qualification.
4. To organize self-competency and independent study and improvement. To increase self-belief and determination.²
5. To establish Centers for Academic and Career Development.
6. To reinforce the scientific world outlook, to recognize life values in society, to develop one's cross-cultural communication awareness and skills, to promote for obtaining international level of recognition.

– Conclusion

On the one hand, due to factors such as history, religion, and economy, inequality between men and women is a problem in many countries. On the other hand, women also need to gain social economic and spiritual support, and determine their status in the family and in the society, to defend their own rights, be self-improving, be tenacious, and make their own contributions in the development of country and society.

² Mehta,Sangeeta. Strategies for Achieving Gender Equity and Work–Life Integration in Physician–Scientist, *Academic Medicine*[J], 2022,5.97(4):p 492-496.
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